

VOLUNTEER INFORMATION

What is Nauset Neighbors?

Nauset Neighbors is a non-profit organization, entirely run by volunteers, whose **goal is to support senior residents of *Brewster, Chatham, Eastham, Harwich, Orleans and Wellfleet*** who wish to remain in their own homes as they age.

"What would I ever do without you? You have made it possible for me to live on my own. Whether by phone or transport, everyone is kind and patient, and cheerful, just what we 'oldies' need..." a member

Why Volunteer?

You will have an immediate impact and will improve the quality of life of the seniors you help, who are often isolated in their homes.

Meaningful volunteering! Enjoy helping others and giving to your community.

"I never believed that I could stay in the home that I love but now I know I can thanks to Nauset Neighbors." a member

Help build a wonderful support system to serve your community, your family, and your friends, now and in the future.

Get to know many more of your neighbors, both members of Nauset Neighbors and other volunteers.

How Does It Work?

As a volunteer you choose the types of requests that suit your talents and interests and fit within your schedule.

You choose requests to answer by selecting from an online listing of needs.

For the safety of our members, all volunteers undergo a background CORI check and need to attend one orientation meeting.

What Do Volunteers Do?

Most volunteers provide services directly to members. This might be providing a ride or spending one to two hours helping a member.

Some volunteers like to help run the organization.

Many volunteers help once or twice a month. Others prefer to volunteer their services more or less frequently. There is no minimum service requirement; you decide when you can fulfill a service request and how often you wish to volunteer.

Nauset Neighbors Members

Members are the seniors who join Nauset Neighbors and receive the services provided by you, the volunteers.

Members pay a small annual fee, which can be waived if it presents an obstacle to membership.

Examples of Services

Transportation

- Medical appointments
- Beauty salon/barber shop trips
- Grocery or other shopping trips
- Prescription and grocery pick up

Handyman Tasks

- Changing hard to reach light bulbs
- Changing screens and window air conditioners
- Hanging pictures
- Shower curtain hanging
- Seasonal tasks
- Simple mending

Technical Support

- Computers, routers & printers
- Electronic gadgets
- Software such as email and Skype
- Thermostats, cell phones, cable TV

Friendly Visits

- Social visits
- Reading aloud

Operational/Staff Services

- Receive calls and coordinate volunteer services for members
- Publicity and community presentations
- Volunteer coordination
- Provide referrals to vendors

 **Nauset Neighbors** is a part of the Village to Village Network. Check out this network at vtvnetwork.org

Volunteer to Help Our Seniors

The need for support is great, and we have a waiting list to join. New members can be accepted only as new volunteers come forward to help provide services.

Join us and make a real difference in our community!

For more information:

Call 508-514-7067

Email

info@nausetneighbors.org

Visit our website

www.nausetneighbors.org

 **Nauset Neighbors**

**Helping Seniors
Stay Independent**

VOLUNTEERS

**Help a senior neighbor in
Brewster, Chatham,
Eastham, Harwich,
Orleans and Wellfleet
with a ride or a simple
household task he or she
cannot do alone.**

**Sign up online, pick
what you can do –
when you can!**